

2nd quarter menu

Monday			Tuesday			Wednesday			Thursday			Friday		
04/nov	Soup	Carrot Soup w/ Coriander	05/nov	Soup	Chicken Soup w/ Noodles	06/nov	Soup	Red Bean Soup	07/nov	Soup	HALF DAY	08/nov	Soup	Zucchini Soup
	Main Dish	Veal Hamburger		Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish			Chicken Stew	
	Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties		Secondary Dish			Fish Lasagna	
	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)		Vegetarian Dish	Vegetarian Burger		Vegetarian Dish	Quinoa Salad w/Roast Pumpkin		Vegetarian Dish			Pad Thai (Rice Noodles w/ Thai Vegetables)	
	Side Dish	Wholemeal Pasta		Side Dish	Carrot Rice		Side Dish	Peas Rice		Side Dish			White Rice	
	Vegetables	Mixed Beans		Vegetables	Romaine Vegetables		Vegetables	Cauliflower		Vegetables			Roasted Carrot	
Dessert		Fruit	Dessert		Fruit	Dessert		Fruit	Dessert			Dessert		Mango Mousse
												Chicken Lasagna		
Monday			Tuesday			Wednesday			Thursday			Friday		
11/nov	Soup	Spinach Soup	12/nov	Soup	Chickpea Soup	13/nov	Soup	Pumpkin Soup	14/nov	Soup	Broccoli Soup	15/nov	Soup	Cauliflower & Coriander Soup
	Main Dish	Penne w/ Chicken & Basil		Main Dish	Fish Fingers		Main Dish	Bolognaise		Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna
	Secondary Dish	Hake w/ Italian Sauce		Secondary Dish	Beef Steak		Secondary Dish	Codfish w/ Cream		Secondary Dish	Pizza W/ Turkey Ham and Mushrooms		Secondary Dish	Fuzilli w/ Hake Bolognaise
	Vegetarian Dish	Vegetarian Moussaka		Vegetarian Dish	Tofu w/ Corn Bread and Coriander		Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis		Vegetarian Dish	Chickpeas w/ Pumpkin Curry		Vegetarian Dish	Mexican Bowl w/ Seitan
	Side Dish	Boiled Potatoes		Side Dish	Tomato and Coriander Rice		Side Dish	Included		Side Dish	White Rice		Side Dish	Included
	Vegetables	Carrot & Peas		Vegetables	Spinach Purée		Vegetables	Greek Vegetables		Vegetables	Chinese vegetables		Vegetables	Carrot Purée
Dessert		Fruit	Dessert		Fruit	Dessert		Fruit	Dessert			Dessert		Fruit
Monday			Tuesday			Wednesday			Thursday			Friday		
18/nov	Soup	Green Bean Soup	19/nov	Soup	Vegetables Soup	20/nov	Soup	Carrot Soup w/ Coriander	21/nov	Soup	White Bean Soup	22/nov	Soup	Pumpkin Soup
	Main Dish	Bolognaise		Main Dish	Salmon Burguer		Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak			
	Secondary Dish	Seafood sticks w/ Pink Sauce		Secondary Dish	Carbonara		Secondary Dish	Hake		Secondary Dish	Turkey Steak w/ Mustard			
	Vegetarian Dish	Vegetarian Enchilada		Vegetarian Dish	Vegetarian "Meatballs"		Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs		Vegetarian Dish	Vegetarian Cassoulet			
	Side Dish	White Rice		Side Dish	Wholemeal Pasta		Side Dish	Roast Potatoes		Side Dish	White Rice			
	Vegetables	Stewed Peas		Vegetables	Broccoli		Vegetables	Zucchini		Vegetables	Boiled Beetroot			
Dessert		Fruit	Dessert		Banana and Strawberry Mousse	Dessert		Fruit	Dessert		Fruit	Dessert		Fruit
Monday			Tuesday			Wednesday			Thursday			Friday		
25/nov	Soup	Carrot Soup w/ Coriander	26/nov	Soup	Chicken Soup w/ Noodles	27/nov	Soup	Red Bean Soup	28/nov	Soup	THANKSGIVING HOLIDAYS	29/nov	Soup	THANKSGIVING HOLIDAYS
	Main Dish	Veal Hamburger		Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish			Main Dish	
	Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties		Secondary Dish			Secondary Dish	
	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)		Vegetarian Dish	Vegetarian Burger		Vegetarian Dish	Quinoa Salad w/Roast Pumpkin		Vegetarian Dish			Vegetarian Dish	
	Side Dish	Wholemeal Pasta		Side Dish	Carrot Rice		Side Dish	Peas Rice		Side Dish			Side Dish	
	Vegetables	Mixed Beans		Vegetables	Romaine Vegetables		Vegetables	Cauliflower		Vegetables			Vegetables	
Dessert		Fruit	Dessert		Fruit	Dessert		Fruit	Dessert			Dessert		Fruit
Monday			Tuesday			Wednesday			Thursday			Friday		
02/dec	Soup	Spinach Soup	03/dec	Soup	Chickpea Soup	04/dec	Soup	Pumpkin Soup	05/dec	Soup	Broccoli Soup	06/dec	Soup	Cauliflower & Coriander Soup
	Main Dish	Penne w/ Chicken & Basil		Main Dish	Fish Fingers		Main Dish	Bolognaise		Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna
	Secondary Dish	Hake w/ Italian Sauce		Secondary Dish	Beef Steak		Secondary Dish	Codfish w/ Cream		Secondary Dish	Pizza W/ Turkey Ham and Mushrooms		Secondary Dish	Fuzilli w/ Hake Bolognaise
	Vegetarian Dish	Vegetarian Moussaka		Vegetarian Dish	Tofu w/ Corn Bread and Coriander		Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis		Vegetarian Dish	Chickpeas w/ Pumpkin Curry		Vegetarian Dish	Mexican Bowl w/ Seitan
	Side Dish	Boiled Potatoes		Side Dish	Tomato and Coriander Rice		Side Dish	Included		Side Dish	White Rice		Side Dish	Included
	Vegetables	Carrot & Peas		Vegetables	Spinach Purée		Vegetables	Greek Vegetables		Vegetables	chinese vegetables		Vegetables	Carrot Purée
Dessert		Fruit	Dessert		Fruit	Dessert		Fruit	Dessert			Dessert		Fruit

Monday			Tuesday			Wednesday			Thursday			Friday																																																		
09/dec	Soup	Green Bean Soup	10/dec	Soup	Vegetables Soup	11/dec	Soup	Carrot Soup w/ Coriander	12/dec	Soup	White Bean Soup	13/dec	Soup	Pumpkin Soup																																																
	Main Dish	Stewed Beans w/ Turkey		Main Dish	Salmon Burguer		Main Dish	Turkey Roll		Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak	Secondary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
	Main Dish	Salmon Burguer		Main Dish	Turkey Roll		Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak		Secondary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit		
	Main Dish	Turkey Roll		Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak		Secondary Dish	Seafood sticks w/ Pink Sauce		Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit				
	Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak		Secondary Dish	Seafood sticks w/ Pink Sauce		Secondary Dish	Carbonara		Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit						
	Main Dish	Brazilian Rumpsteak																																																												
	Secondary Dish	Seafood sticks w/ Pink Sauce		Secondary Dish	Carbonara		Secondary Dish	Hake		Secondary Dish	Turkey Steak w/ Mustard		Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit										
Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																	
Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																			
Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																					
Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																							
Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																									
Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																											
Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																													
Vegetarian Dish	Spinach & Cottage Cheese Lasagna																																																													
Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																	
Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																			
Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																					
Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																							
Side Dish	Noisette Potatoes																																																													
Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																											
Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																													
Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																															
Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																	
Vegetables	Roasted pumpkin																																																													
Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																					
Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																							
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																									
Dessert	Fruit	Dessert	Fruit																																																											
Dessert	Fruit																																																													

Monday			Tuesday			Wednesday			Thursday			Friday																																																			
16/dec	Soup	Carrot Soup w/ Coriander	17/dec	Soup	Chicken Soup w/ Noodles	18/dec	Soup	Red Bean Soup	19/dec	Soup	Watercress Soup	20/dec	Soup	HALF DAY																																																	
	Main Dish	Veal Hamburger		Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish	Tuna Rice		Main Dish			Secondary Dish	Penne w/ Salmon Strogonoff	Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	
	Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish	Tuna Rice		Main Dish			Secondary Dish		Penne w/ Salmon Strogonoff	Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert			
	Main Dish	Duck Rice		Main Dish	Tuna Rice		Main Dish			Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish		Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert					
	Main Dish	Tuna Rice		Main Dish			Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish		Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert							
	Main Dish																																																														
	Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties		Secondary Dish	Stewed Lamb		Vegetarian Dish		Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert											
Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																			
Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																					
Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																							
Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																									
Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																											
Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																													
Vegetarian Dish	Pizza Margherita	Vegetarian Dish		Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																															
Vegetarian Dish																																																															
Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																			
Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																					
Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																							
Side Dish	Roast Potatoes	Side Dish		Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																									
Side Dish																																																															
Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																													
Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																															
Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																																	
Vegetables	Green Beans	Vegetables		Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																																			
Vegetables																																																															
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																																							
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert																																																									
Dessert	Fruit	Dessert	Fruit	Dessert																																																											
Dessert	Fruit	Dessert																																																													
Dessert																																																															

Monday			Tuesday			Wednesday			Thursday			Friday																																																		
06/jan	Soup	Spinach Soup	07/jan	Soup	Chickpea Soup	08/jan	Soup	Pumpkin Soup	09/jan	Soup	Broccoli Soup	10/jan	Soup	Cauliflower & Coriander Soup																																																
	Main Dish	Penne w/ Chicken & Basil		Main Dish	Fish Fingers		Main Dish	Bolognaise		Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna	Secondary Dish	Hake w/ Italian Sauce	Secondary Dish	Beef Steak	Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
	Main Dish	Fish Fingers		Main Dish	Bolognaise		Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna		Secondary Dish	Hake w/ Italian Sauce	Secondary Dish	Beef Steak	Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit		
	Main Dish	Bolognaise		Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna		Secondary Dish	Hake w/ Italian Sauce		Secondary Dish	Beef Steak	Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit				
	Main Dish	Noodles w/ Fish		Main Dish	Chicken Lasagna		Secondary Dish	Hake w/ Italian Sauce		Secondary Dish	Beef Steak		Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit						
	Main Dish	Chicken Lasagna																																																												
	Secondary Dish	Hake w/ Italian Sauce		Secondary Dish	Beef Steak		Secondary Dish	Codfish w/ Cream		Secondary Dish	Pizza W/ Turkey Ham and Mushrooms		Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit										
Secondary Dish	Beef Steak	Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																	
Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																			
Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																					
Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																							
Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																									
Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																											
Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan	Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																													
Vegetarian Dish	Mexican Bowl w/ Seitan																																																													
Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																	
Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																			
Side Dish	Included	Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																					
Side Dish	White Rice	Side Dish	Included	Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																							
Side Dish	Included																																																													
Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																											
Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																													
Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																															
Vegetables	chinese vegetables	Vegetables	Carrot Purée	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																	
Vegetables	Carrot Purée																																																													
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																					
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																							
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit																																																									
Dessert	Fruit	Dessert	Fruit																																																											
Dessert	Fruit																																																													

Monday			Tuesday			Wednesday			Thursday			Friday																																									
13/jan	Soup	Green Bean Soup	14/jan	Soup	Vegetables Soup	15/jan	Soup	HALF DAY	16/jan	Soup	White Bean Soup	17/jan	Soup	Pumpkin Soup																																							
	Main Dish	Stewed Beans w/ Turkey		Main Dish	Salmon Burguer		Main Dish			Pizza w/ Tuna & Egg	Main Dish		Brazilian Rumpsteak	Secondary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit
	Main Dish	Salmon Burguer		Main Dish	Pizza w/ Tuna & Egg		Main Dish			Brazilian Rumpsteak	Secondary Dish		Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit		
	Main Dish	Pizza w/ Tuna & Egg		Main Dish	Brazilian Rumpsteak		Secondary Dish			Seafood sticks w/ Pink Sauce	Secondary Dish		Carbonara	Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit				
	Main Dish	Brazilian Rumpsteak																																																			
	Secondary Dish	Seafood sticks w/ Pink Sauce		Secondary Dish	Carbonara		Secondary Dish			Turkey Steak w/ Mustard	Vegetarian Dish		Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit								
	Secondary Dish	Carbonara		Secondary Dish	Turkey Steak w/ Mustard		Vegetarian Dish			Vegetarian Enchilada	Vegetarian Dish		Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit										
Secondary Dish	Turkey Steak w/ Mustard	Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																		
Vegetarian Dish	Vegetarian Enchilada	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																				
Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																						
Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																								
Vegetarian Dish	Spinach & Cottage Cheese Lasagna																																																				
Side Dish	White Rice	Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																												
Side Dish	Wholemeal Pasta	Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																														
Side Dish	White Rice	Side Dish	Noisette Potatoes	Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																
Side Dish	Noisette Potatoes																																																				
Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																				
Vegetables	Broccoli	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																						
Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin	Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																								
Vegetables	Roasted pumpkin																																																				
Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																												
Dessert	Banana and Strawberry Mousse	Dessert		Dessert	Fruit	Dessert	Fruit																																														
Dessert		Dessert	Fruit	Dessert	Fruit																																																
Dessert	Fruit	Dessert	Fruit																																																		
Dessert	Fruit																																																				

Monday			Tuesday			Wednesday			Thursday			Friday																																																
20/jan	Soup	Carrot Soup w/ Coriander	21/jan	Soup	Chicken Soup w/ Noodles	22/jan	Soup	Red Bean Soup	23/jan	Soup	Watercress Soup	24/jan	Soup	Zucchini Soup																																														
	Main Dish	Veal Hamburger		Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish	Chicken Stew		Secondary Dish	Penne w/ Salmon Strogonoff	Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse
	Main Dish	Fish Fingers		Main Dish	Duck Rice		Main Dish	Chicken Stew		Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse		
	Main Dish	Duck Rice		Main Dish	Chicken Stew		Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse				
	Main Dish	Chicken Stew																																																										
	Secondary Dish	Penne w/ Salmon Strogonoff		Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties		Secondary Dish	Stewed Lamb		Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse								
	Secondary Dish	Turkey Steak w/Cream		Secondary Dish	Codfish Patties		Secondary Dish	Stewed Lamb		Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)		Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse										
Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																	
Secondary Dish	Stewed Lamb	Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																			
Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																					
Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																							
Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																									
Vegetarian Dish	Pizza Margherita	Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)	Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																											
Vegetarian Dish	Pad Thai (Rice Noodles w/ Thai Vegetables)																																																											
Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																															
Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																	
Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																			
Side Dish	Roast Potatoes	Side Dish	White Rice	Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																					
Side Dish	White Rice																																																											
Vegetables	Mixed Beans	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																									
Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																											
Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																													
Vegetables	Green Beans	Vegetables	Roasted Carrot	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																															
Vegetables	Roasted Carrot																																																											
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																																			
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																																					
Dessert	Fruit	Dessert	Fruit	Dessert	Mango Mousse																																																							
Dessert	Fruit	Dessert	Mango Mousse																																																									
Dessert	Mango Mousse																																																											