



				Λt	h quarter menu				
				41	ir quarter menu				
	Monday		Tuesday		Wednesday		Thursday		Friday
ир	Green Bean Soup	Soup	Vegetables Soup	Soup	Carrot Soup w/ Coriander	Soup	White Bean Soup	Soup	Pumpkin Soup
ain Dish	Bolognaise	Main Dish	Salmon Burguer	Main Dish	Turkey Roll	Main Dish	Pizza w/ Tuna & Egg	Main Dish	Brazilian Rumpsteak
econdary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Secondary Dish	Green Salsa Hake
Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Vegetarian Enchilada
Side Dish	Dark Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes
Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin
Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
	Manda		T. control		Wednesday		Thomas de co		6.54
	Monday	German	Tuesday	6	Wednesday	- Comm	Thursday	Garrie	Friday
oup	Carrot Soup w/ Coriander	Soup	Chicken Soup w/ Noodles	Soup	Red Bean Soup	Soup	Watercress Soup	Soup	
Main Dish	Veal Hamburger	Main Dish	Fish Fingers	Main Dish	Duck Rice	Main Dish	Tuna Rice	Main Dish	
Secondary Dish	Penne w/ Salmon Strogonoff	Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Secondary Dish	HOUDAY LABOR DAY
Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish	Pizza Margherita	Vegetarian Dish	HOLIDAY - LABOR DAY
Side Dish	Wholemeal Pasta	Side Dish	Carrot Rice	Side Dish	Peas Rice	Side Dish	Roast Potatoes	Side Dish	
Vegetables	Mediterranean Mix	Vegetables	Romaine Vegetables	Vegetables	Cauliflower	Vegetables	Green Beans	Vegetables	
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	
	Monday		Tuesday		Wednesday		Thursday		Friday
ioup	Spinach Soup	Soup	Chickpea Soup	Soup	Pumpkin Soup	Soup	Broccoli Soup	Soup	Cauliflower & Coriander Soup
Main Dish	Penne w/ Chicken & Basil	Main Dish	Fish Fingers	Main Dish	Bolognaise	Main Dish	Noodles w/ Fish	Main Dish	Chicken Lasagna
Secondary Dish	Hake w/ Italian Sauce	Secondary Dish	Beef Steak	Secondary Dish	Codfish w/ Cream	Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	Secondary Dish	Fuzilli w/ Hake Bolognaise
Vegetarian Dish	Vegetarian Moussaka	Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	Mushrooms and Tomato Sauce Gnocchis	Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan
Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish	Included	Side Dish	White Rice	Side Dish	Included
Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables	Greek Vegetables	Vegetables	chinese vegetables	Vegetables	Carrot Purée
Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
Dessert	Truit	Dessert	Truit	Dessert	Truit	Desseit	Truit	Dessert	Truit
	Monday		Tuesday		Wednesday		Thursday		Friday
Soup	Green Bean Soup	Soup	Vegetables Soup	Soup	Carrot Soup w/ Coriander	Soup	White Bean Soup	Soup	Pumpkin Soup
Main Dish	Bolognaise	Main Dish	Salmon Burguer	Main Dish	Turkey Roll	Main Dish	Pizza w/ Tuna & Egg	Main Dish	Brazilian Rumpsteak
Secondary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	ভূ Secondary Dish	Green Salsa Hake
Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Vegetarian Enchilada
Side Dish	Dark Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes
Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin
Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
	Monday		Tuesday		Wednesday		Thursday		Friday
Soup	Carrot Soup w/ Coriander	Soup	Chicken Soup w/ Noodles	Soup	Red Bean Soup	Soup	Watercress Soup	Soup	Zucchini Soup
Main Dish	Veal Hamburger	Main Dish	Fish Fingers	Main Dish	Duck Rice	Main Dish	Tuna Rice	Main Dish	Chicken Stew
	0	Secondary Dish	Turkey Steak w/Cream	Secondary Dish	Codfish Patties	Secondary Dish	Stewed Lamb	Secondary Dish	Fish Lasagna
			raincy steak wy cream				Pizza Margherita		Pad Thai (Rice Noodles w/ Thai Vegetables
Secondary Dish	Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Rasil)	E Vegetarian Dich	Vegetarian Burger	Vegetarian Dich	Ouinna Salad w/Roast Pumnkin	Vegetarian Dich			
Secondary Dish Vegetarian Dish	Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Vegetarian Dish	Vegetarian Burger	Vegetarian Dish	Quinoa Salad w/Roast Pumpkin	Vegetarian Dish		Vegetarian Dish	, , ,
Secondary Dish Vegetarian Dish Side Dish Vegetables		Vegetarian Dish Side Dish Vegetables	Vegetarian Burger Carrot Rice Romaine Vegetables	Vegetarian Dish Side Dish Vegetables	Quinoa Salad w/Roast Pumpkin Peas Rice Cauliflower	Vegetarian Dish Side Dish Vegetables	Roast Potatoes Green Beans	Side Dish Vegetables	White Rice Roasted Carrot

	Monday		Tuesday		Wednesday		Thursday		Friday
Soup	Spinach Soup	Soup	Chickpea Soup	Soup		Soup	Broccoli Soup	Soup	Cauliflower & Coriander Soup
Main Dish	Penne w/ Chicken & Basil	Main Dish	Fish Fingers	Main Dish		Main Dish	Noodles w/ Fish	Main Dish	Chicken Lasagna
Secondary Dish	Hake w/ Italian Sauce	'ল Secondary Dish	Beef Steak	'ল Secondary Dish		'ল Secondary Dish	Pizza W/ Turkey Ham and Mushrooms	'ল Secondary Dish	Fuzilli w/ Hake Bolognaise
Vegetarian Dish	Vegetarian Moussaka	E Vegetarian Dish	Tofu w/ Corn Bread and Coriander	Vegetarian Dish	HALF DAY	E Vegetarian Dish	Chickpeas w/ Pumpkin Curry	Vegetarian Dish	Mexican Bowl w/ Seitan
Side Dish	Boiled Potatoes	Side Dish	Tomato and Coriander Rice	Side Dish		Side Dish	White Rice	Side Dish	Included
Vegetables	Carrot & Peas	Vegetables	Spinach Purée	Vegetables		Vegetables	chinese vegetables	Vegetables	Carrot Purée
Dessert	Fruit	Dessert	Fruit	Dessert		Dessert	Fruit	Dessert	Fruit
							·		
	Monday		Tuesdav		Wednesday		Thursday		Friday
Soup	Green Bean Soup	Soup	Vegetables Soup	Soup	Carrot Soup w/ Coriander	Soup	White Bean Soup	Soup	Pumpkin Soup
Main Dish	Bolognaise	Main Dish	Salmon Burguer	Main Dish	Turkey Roll	Main Dish	Pizza w/ Tuna & Egg	Main Dish	Brazilian Rumpsteak
Secondary Dish	Seafood sticks w/ Pink Sauce	Secondary Dish	Carbonara	Secondary Dish	Hake	Secondary Dish	Turkey Steak w/ Mustard	Secondary Dish	Green Salsa Hake
Vegetarian Dish	Spinach & Cottage Cheese Lasagna	Vegetarian Dish	Vegetarian "Meatballs"	Vegetarian Dish	Oatmeal w/ Roast Vegetables & Eggs	Vegetarian Dish	Vegetarian Cassoulet	Vegetarian Dish	Vegetarian Enchilada
Side Dish	Dark Rice	Side Dish	Wholemeal Pasta	Side Dish	Roast Potatoes	Side Dish	White Rice	Side Dish	Noisette Potatoes
Vegetables	Stewed Peas	Vegetables	Broccoli	Vegetables	Zucchini	Vegetables	Boiled Beetroot	Vegetables	Roasted pumpkin
Dessert	Fruit	Dessert	Banana and Strawberry Mousse	Dessert	Fruit	Dessert	Fruit	Dessert	Fruit
Soup	Monday Carrot Soup w/ Corjander	Soup	Tuesday Chicken Soup w/ Noodles	Soup	Wednesday	Soup	Thursday	Soup	Friday Zucchini Soup
Soup	Monday Carrot Soup w/ Coriander	Soup	Tuesday Chicken Soup w/ Noodles	Soup	Wednesday	Soup	Thursday	Soup	Friday Zucchini Soup
		Soup Main Dish		Soup Main Dish	Wednesday	Soup Main Dish	Thursday	Soup Main Dish	
Main Dish	Carrot Soup w/ Coriander		Chicken Soup w/ Noodles		Wednesday		Thursday		Zucchini Soup
Main Dish Secondary Dish	Carrot Soup w/ Coriander Veal Hamburger	Main Dish	Chicken Soup w/ Noodles Fish Fingers	Main Dish	Wednesday HOLIDAY - PORTUGAL DAY	Main Dish	Thursday HOLIDAY - CORPUS CHRISTI DAY	Main Dish	Zucchini Soup Chicken Stew
Main Dish Secondary Dish Vegetarian Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff	Main Dish Secondary Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream	Main Dish Secondary Dish		Main Dish Secondary Dish		Main Dish Secondary Dish	Zucchini Soup Chicken Stew Fish Lasagna
Main Dish Secondary Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil)	Main Dish Secondary Dish Vegetarian Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger	Main Dish Secondary Dish Vegetarian Dish		Main Dish Secondary Dish Vegetarian Dish		Main Dish Secondary Dish Vegetarian Dish	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable
Vegetarian Dish Side Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta	Main Dish Secondary Dish Vegetarian Dish Side Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice	Main Dish Secondary Dish Vegetarian Dish Side Dish		Main Dish Secondary Dish Vegetarian Dish Side Dish		Main Dish Secondary Dish Vegetarian Dish Side Dish	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables		Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables		Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables		Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables		Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	HOLIDAY - PORTUGAL DAY	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	HOLIDAY - CORPUS CHRISTI DAY	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit Monday	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit Tuesday	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	HOLIDAY - PORTUGAL DAY Wednesday	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	HOLIDAY - CORPUS CHRISTI DAY Thursday	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit Monday Spinach Soup	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit Tuesday Chickpea Soup	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup	HOLIDAY - PORTUGAL DAY Wednesday Pumpkin Soup	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup	HOLIDAY - CORPUS CHRISTI DAY Thursday Broccoli Soup	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit Monday Spinach Soup Penne w/ Chicken & Basil	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit Tuesday Chickpea Soup Fish Fingers	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish	HOLIDAY - PORTUGAL DAY Wednesday Pumpkin Soup Bolognaise	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish	Thursday Broccoli Soup Pizza W/ Turkey Ham and Mushrooms	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit Monday Spinach Soup Penne w/ Chicken & Basil Hake w/ Italian Sauce	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit Tuesday Chickpea Soup Fish Fingers Beef Steak	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	HOLIDAY - PORTUGAL DAY Wednesday Pumpkin Soup Bolognaise Codfish w/ Cream	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	Thursday Broccoli Soup Pizza W/ Turkey Ham and Mushrooms Sushi	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse Friday
Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish Vegetarian Dish	Carrot Soup w/ Coriander Veal Hamburger Penne w/ Salmon Strogonoff Czech Fuzilli (Fuzilli w/ Mozzarella Cheese & Basil) Wholemeal Pasta Mediterranean Mix Fruit Monday Spinach Soup Penne w/ Chicken & Basil Hake w/ Italian Sauce Vegetarian Moussaka	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish Vegetarian Dish Vegetarian Dish	Chicken Soup w/ Noodles Fish Fingers Turkey Steak w/Cream Vegetarian Burger Carrot Rice Romaine Vegetables Fruit Tuesday Chickpea Soup Fish Fingers Beef Steak Tofu w/ Corn Bread and Coriander	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish Vegetarian Dish	Wednesday Pumpkin Soup Bolognaise Codfish w/ Cream Mushrooms and Tomato Sauce Gnocchis	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish Vegetables	Thursday Broccoli Soup Pizza W/ Turkey Ham and Mushrooms Sushi Chickpeas w/ Pumpkin Curry	Main Dish Secondary Dish Vegetarian Dish Side Dish Vegetables Dessert Soup Main Dish Secondary Dish Vegetarian Dish	Zucchini Soup Chicken Stew Fish Lasagna Pad Thai (Rice Noodles w/ Thai Vegetable White Rice Roasted Carrot Mango Mousse Friday